# **Become a Volunteer**

Be part of the largest humanitarian organization in the world! Join a network of trained volunteers! There are so many ways to help. You could volunteer in an office setting, provide on-site assistance following a disaster, deliver presentations to youth or adults, or help us reach communities throughout the province. Contact your local Canadian Red Cross office or visit redcross.ca for more information.

# **Contact Us**



1-866-685-4250



infomanitoba@redcross.ca



@RedCrossMB



redcross.ca/manitoba

### **Personal Disaster Assistance:**

1-888-800-6493 for those affected by personal disasters such as a house fire.

### **First Aid and Water Safety Contact Centre:**

1-877-356-3226

### Winnipeg

1111 Portage Avenue Winnipeg, MB R3G 0S8

(204) 982-7330

#### Brandon

817 Rosser Avenue, Unit 1, Brandon, MB R7A 1R2

(204) 729-4970

THE CANADIAN RED CROSS IMPROVES THE LIVES OF THE VULNERABLE BY MOBILIZING THE POWER OF HUMANITY.

Humanity | Impartiality | Neutrality | Independence | Voluntary Service | Unity | Universality





# Across Manitoba, the Canadian Red Cross is here, ready to help those who need it most.

The Canadian Red Cross is a non-profit humanitarian organization dedicated to improving the situation of vulnerable people at home and around the world.

In Manitoba, the Red Cross reaches out to people in need, providing training, support and information in:

- Disaster Response
- Violence Prevention
- Healthy Dating Relationships for Youth
- First Aid and CPR Training
- Swimming and Water Safety Education
- Injury Prevention for Newcomers



# **Emergency Management**

When disaster strikes, public safety comes first. Responding to a disaster can deplete a community's resources. The Red Cross works with local authorities and other agencies to address the needs of those affected. Help may include shelter, information, food, clothing and family reunification.

## **Violence Prevention**

The Canadian Red Cross provides education and support to individuals and communities to promote healthy relationships, prevent violence, and provide support when violence occurs. Red Cross helps communities prepare for social emergencies and crises. Recognizing our mission, Red Cross focuses on underserved groups including Indigenous communities.

# **Swimming and Water Safety**

The Canadian Red Cross offers comprehensive learn-to-swim programs for all ages, national lifeguard training to certify professional lifeguards and professional development courses for training partners.

### First Aid and CPR

The Red Cross teaches First Aid and CPR lessons in easy-to-follow steps, empowering individuals at home, at work or anywhere in between, to act on, prevent and manage life's emergencies. First Aid training gives you the experience to make a difference.

### **SmartStart**

This program teaches newcomers how to prevent injuries in a Canadian context. Topics include weather emergencies, home and road safety, ice and water safety, 911 use and emergency preparedness.



In Canada, we provide assistance to millions through our disaster relief, injury prevention, and humanitarian programming.